

# *Super Timing*



## *Trading with cycles*

The advantage of using cycles is that you can trade with more confidence. W.D.Gann always stated that

time is more important than price and when time and price come together there is the potential for a change of trend.

Also if you limit your trading to making entries on cycle days it substantially increases your chances of being a net winner.

Super Timing is a book about cycles and how to find them. The main cycles that we use are based on the planetary aspects that I discovered when analyzing W.D.Gann's trades.

An aspect is a term used in astrology. The 360 degrees of the circle are used and the distance around the edge of the circle is split into measurements of one degree the distances between two or more planets is called an aspect.

### **The important aspects.**

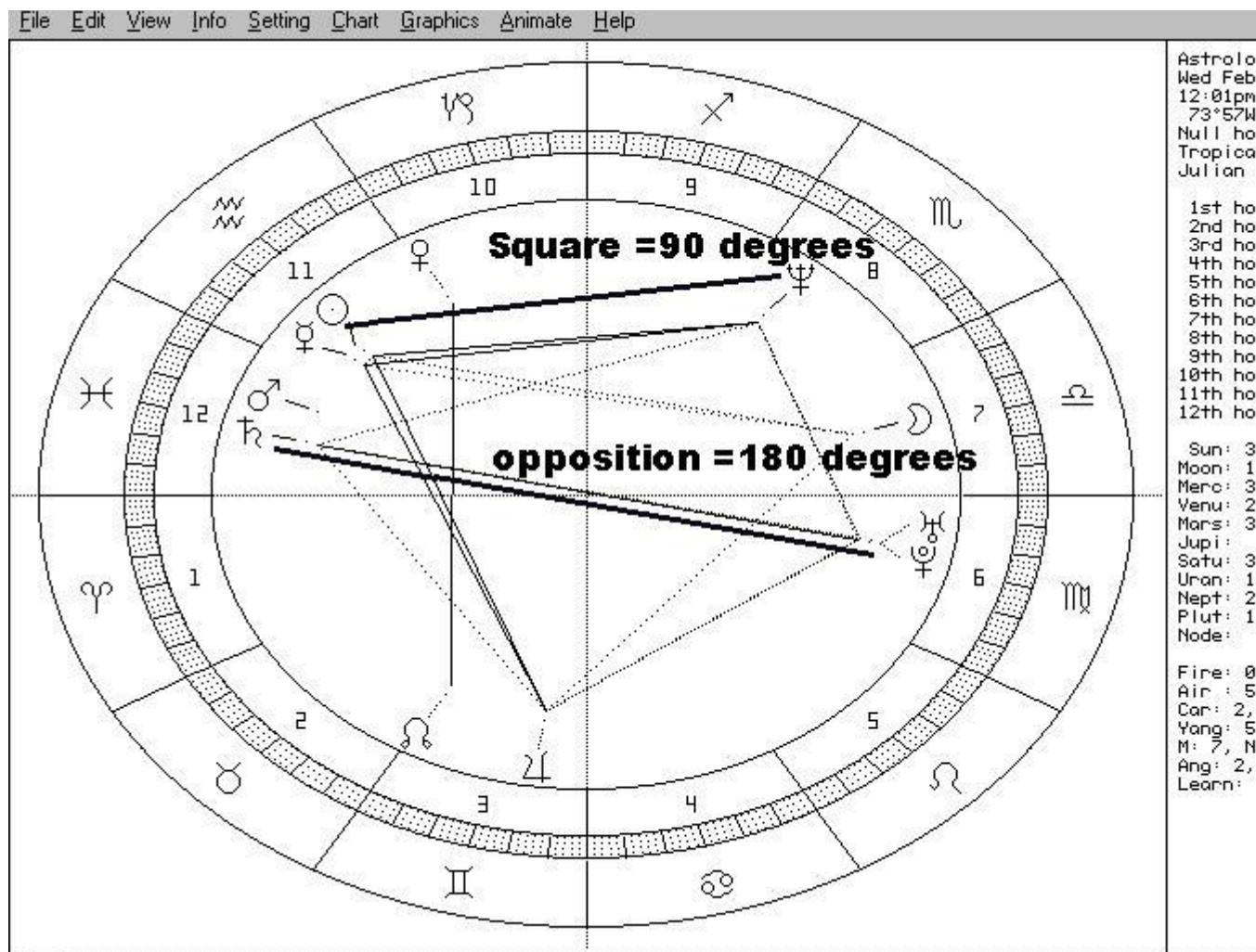
Conjunction: Planets are at exactly the same degree or are separated by no more than five degrees.

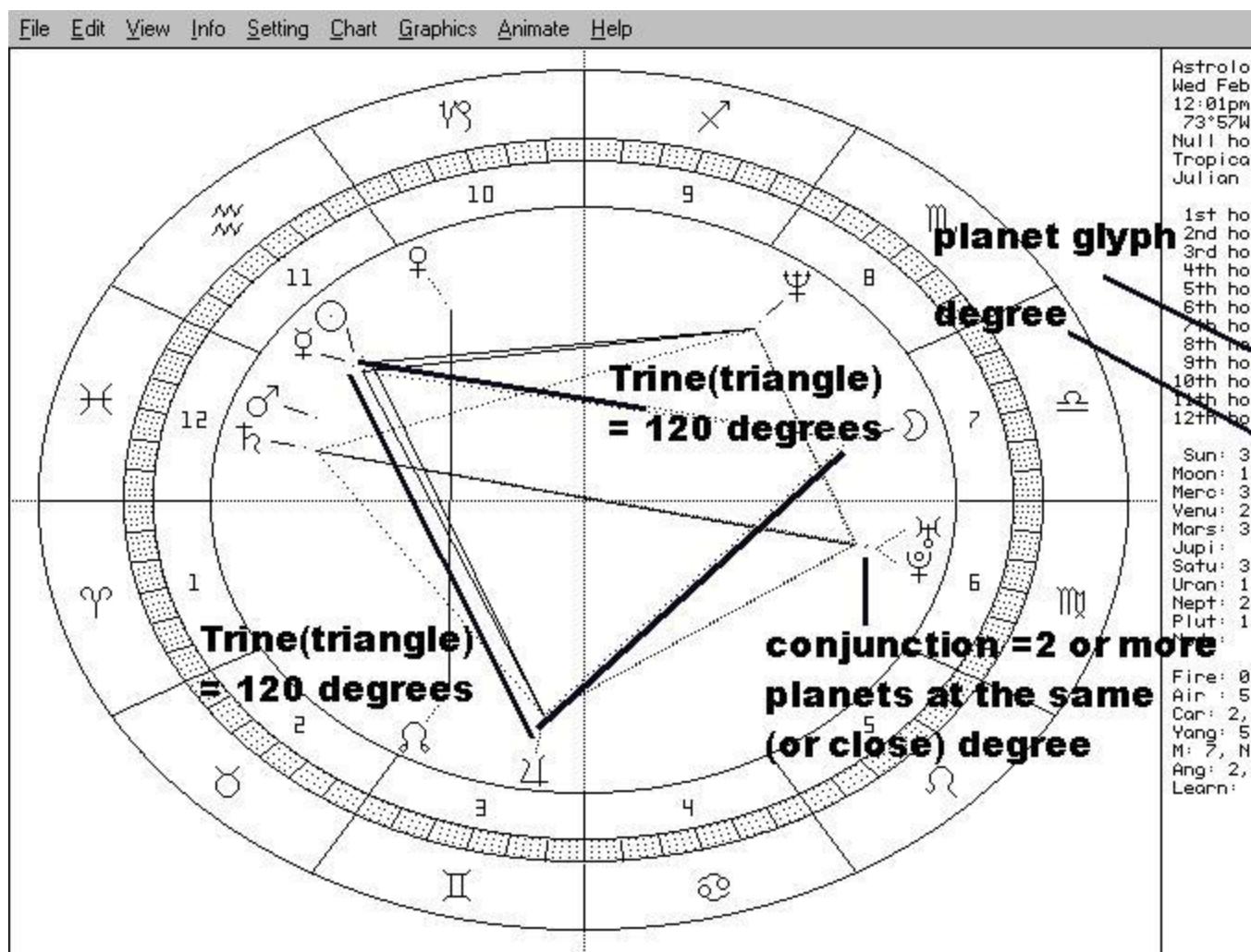
Square: Planets are separated by a distance of 90 degrees.

Trine: Planets are separated by 120 degrees. A grand trine is three planets each separated by a distance of 120 degrees so that they each form one point of a triangle.

Opposition: The planets are opposite each other with a 180 degree separation.

## The aspects.





### Trading strategies.

- 1) Use two or more contracts so that you can take partial profits quickly and then let the other run
  - using a trailing stop or hold on to it until the next time cycle.
- 2) As a general rule trail your entry stop a day before and after the cycle is due.
- 3) Always use a stop loss and a stop profit.
- 4) Remember that by its nature a cycle entry method is always at a minimum a short term

counter

trend trade and this can be stressful because you will be going against (what looks to be

at the time) the crowd.

5) Cycle points are not always tops or bottoms but can be the end of an area of price congestion.

This is the force behind breakouts.

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[Main Page](#)